

# Better Together:

*Creating Belonging and  
Community*

**UTAH WOMEN &  
LEADERSHIP**  
Project

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# Utah Women & Leadership Project

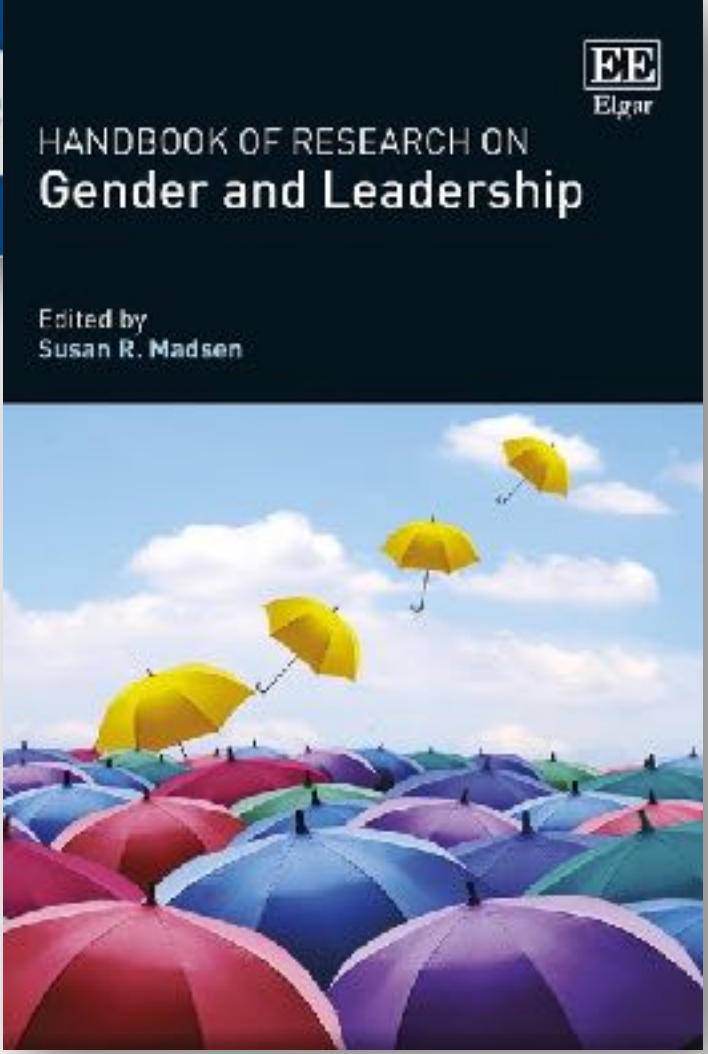
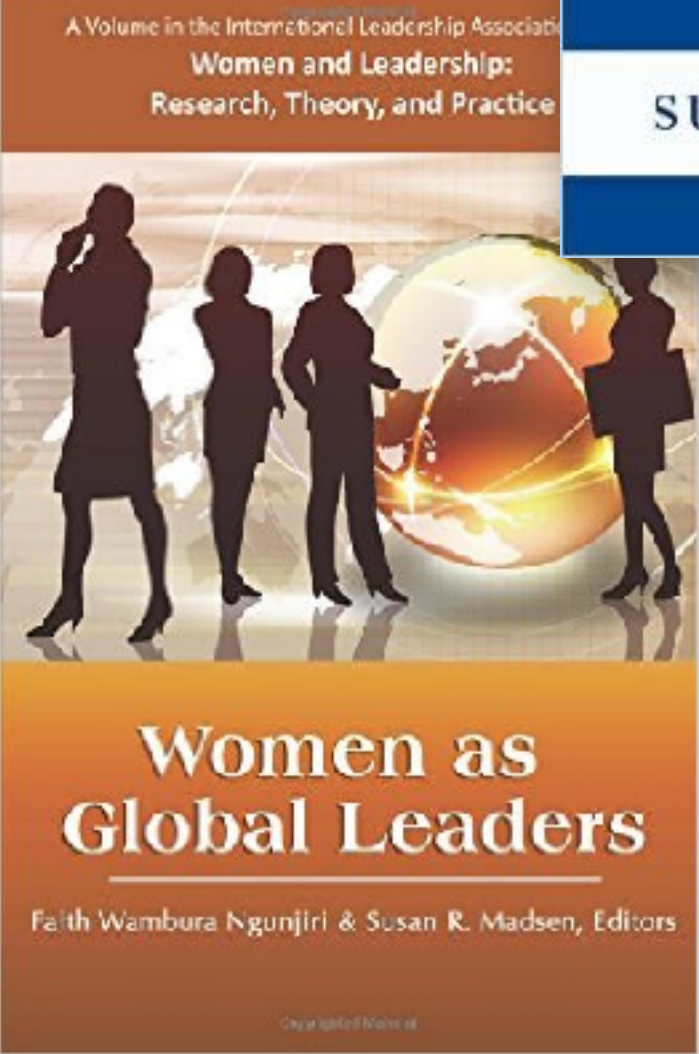
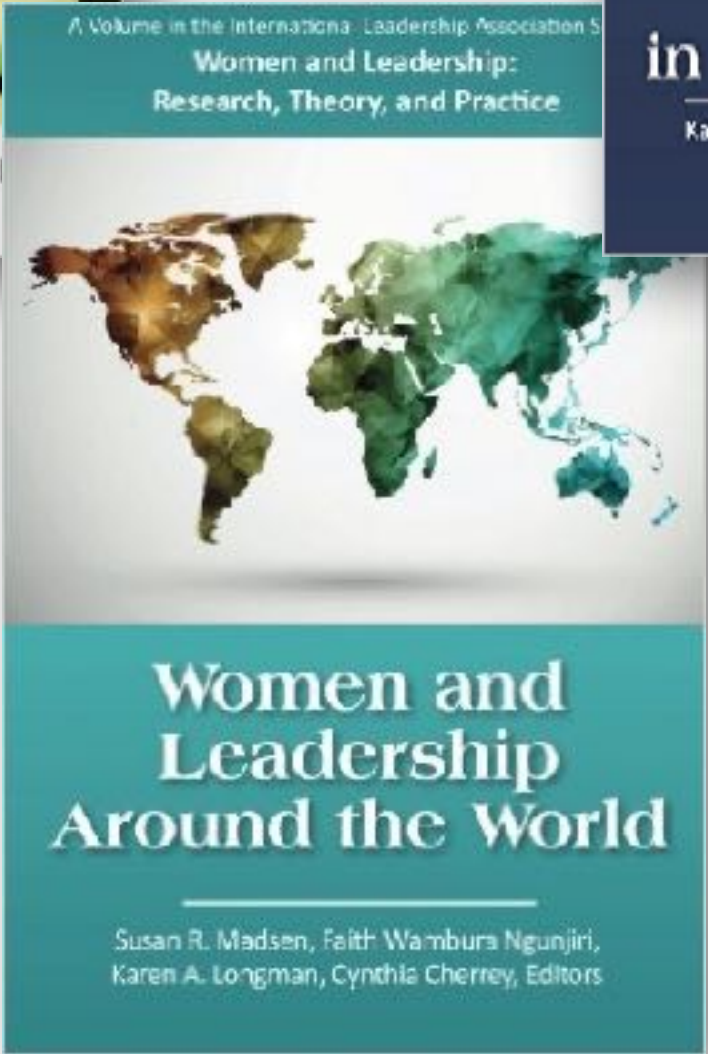
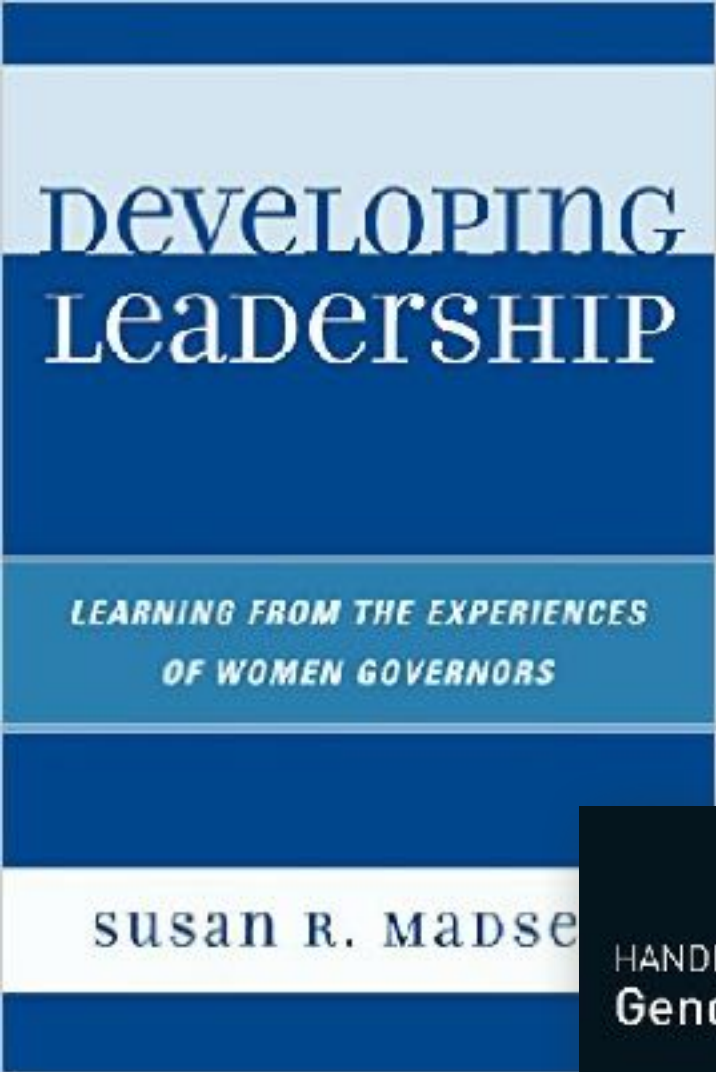
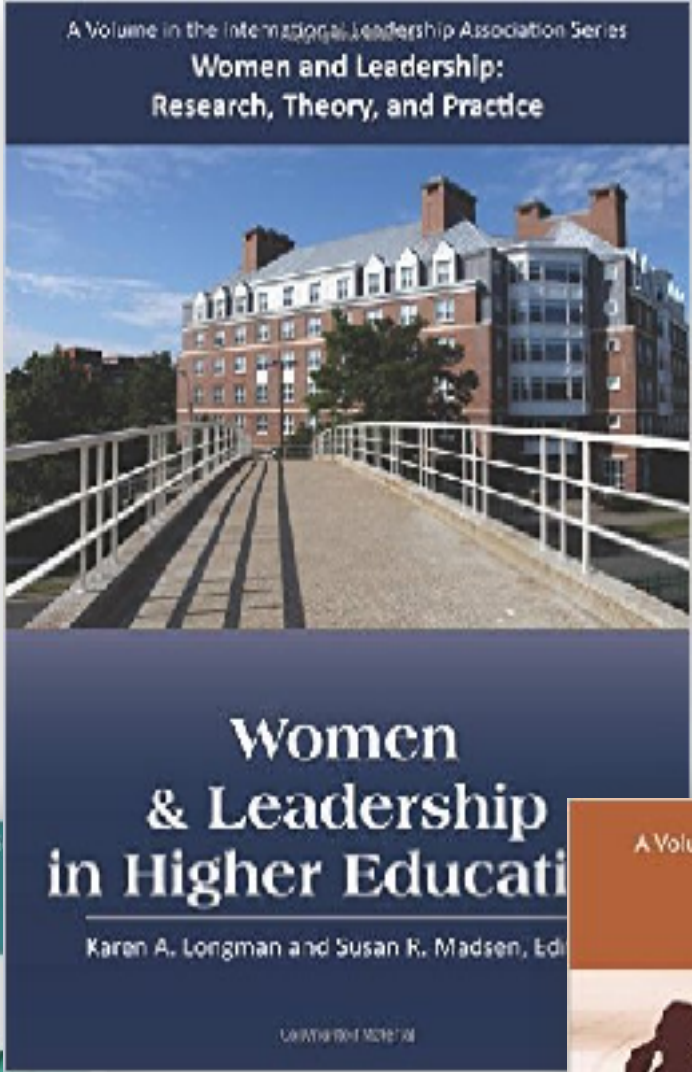
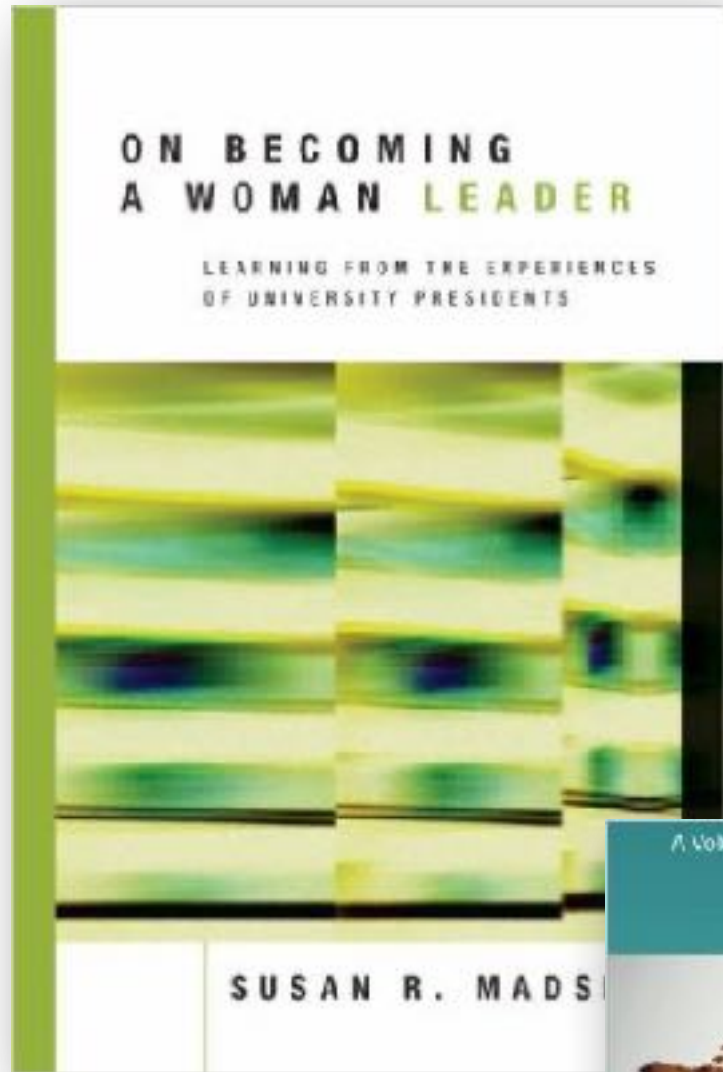
**The mission of the Utah Women & Leadership Project is to strengthen the impact of Utah girls and women.**

**We serve Utah and its residents by:**

- **Producing relevant, trustworthy, and applicable research**
- **Creating and gathering valuable resources**
- **Convening trainings and events that inform, inspire, and ignite growth and change for all Utahns.**







**UTAH WOMEN & LEADERSHIP**  
Project











A group of diverse people, including men and women of various ages and ethnicities, are gathered in a circle, smiling and huddled together in a meeting. The background shows a brick wall and a whiteboard with sticky notes. Overlaid on the image is a white graphic consisting of a circle with four 'X' marks at the top, bottom, left, and right, and four solid white dots at the intersections. The text 'BETTER TOGETHER' is written in a bold, white, sans-serif font across the center of the image, with 'BETTER' on the top line and 'TOGETHER' on the bottom line.

**BETTER  
TOGETHER**





## **GUIDING QUESTIONS**

- 1. Why does this matter?**
- 2. What are some definitions?**
- 3. What is at the core of these challenges?**
- 4. How do we create community?**



# 1. WHY DOES THIS MATTER?

- 1. To Improve Financial Performance**
- 2. To Strengthen Organizational Climate**
- 3. To Leverage Talent**
- 4. To Increase CSR & Reputation**
- 5. To Enhance Innovation & Collective Intelligence**



Madsen, S. R. (2015). Why Do We Need More Women Leaders in Utah?



# 1. To Improve Financial Performance

**Better financial results**  
**Increased profitability**  
**Higher operating results**  
**Better economic growth**  
**Faster debt reduction**  
**Lower risk of insolvency**  
**Strike better deals**



**Make less risky bids**  
**Better stock growth**  
**Higher market-to-book value**  
**Better corporate governance**  
**Better corporate oversight**  
**Improved corporate sustainability**



## 2. Strengthen Organizational Climate

**Decreased turnover intentions**  
**Higher employee satisfaction**  
**More women hired for pipeline**  
**Smaller gender pay gap**  
**Increased employee engagement**  
**Increased productivity**

**Higher customer satisfaction**  
**Lower corporate fraud**  
**Reduced groupthink**  
**Higher team performance**  
**More considerate team members**  
**More ethical choices & decisions**





### 3. To Leverage Talent

**Better holistic thinkers**  
**Seek win-win solutions**  
**More process-oriented**  
**Ask different questions**  
**Bring different experiences**  
**Sensitive to nonverbal cues**  
**Comfortable with ambiguity**  
**Different leadership styles**  
**Focus on inclusiveness**



**Focus on teams and cooperation**  
**More nurturing to others**  
**Focus on developing others**  
**More ethical decisions**  
**Higher integrity and honesty**  
**Focus on self-development**



## 4. To Increase CSR & Reputation



**Increased CSR**  
**Higher-quality CSR initiatives**  
**Greater social responsiveness**  
**Better engagement with society**  
**Greater philanthropic responses**  
**Improved corporate reputation**  
**Better corporate social performance**  
**Increased social performance indicators**



## 5. To Enhance Innovation & Collective Intelligence

**Improved creativity**  
**Increased innovation**  
**Higher social sensitivity**  
**Better team decision making**  
**Higher collective intelligence**  
**Greater team problem-solving**  
**Increased knowledge formation and patents**  
**Better team performance on highly complex tasks**









# So, Who Benefits?

- **Individuals**
- **Teams**
- **Organizations**
- **Communities**
- **Governments**
- **Economy**
- **Societies**





How do we do....

**BETTER  
TOGETHER?**



# Learning, Growth, & Change



**This work is all about change:  
changing you, changing your  
companies, changing our  
communities.**



# Find joy in change and growth





The foundation is mindset.



vs



Growth Mindset

Fixed Mindset



# FIXED MINDSET

VS.

# GROWTH MINDSET

AVOIDS CHALLENGES

EMBRACES CHALLENGES

TALENT IS INNATE

BELIEVES TALENT CAN  
BE DEVELOPED

FAILURE AS A PROOF  
OF UNINTELLIGENCE

VIEW FAILURE AS  
CHANCE TO GROW

GIVES UP EASILY

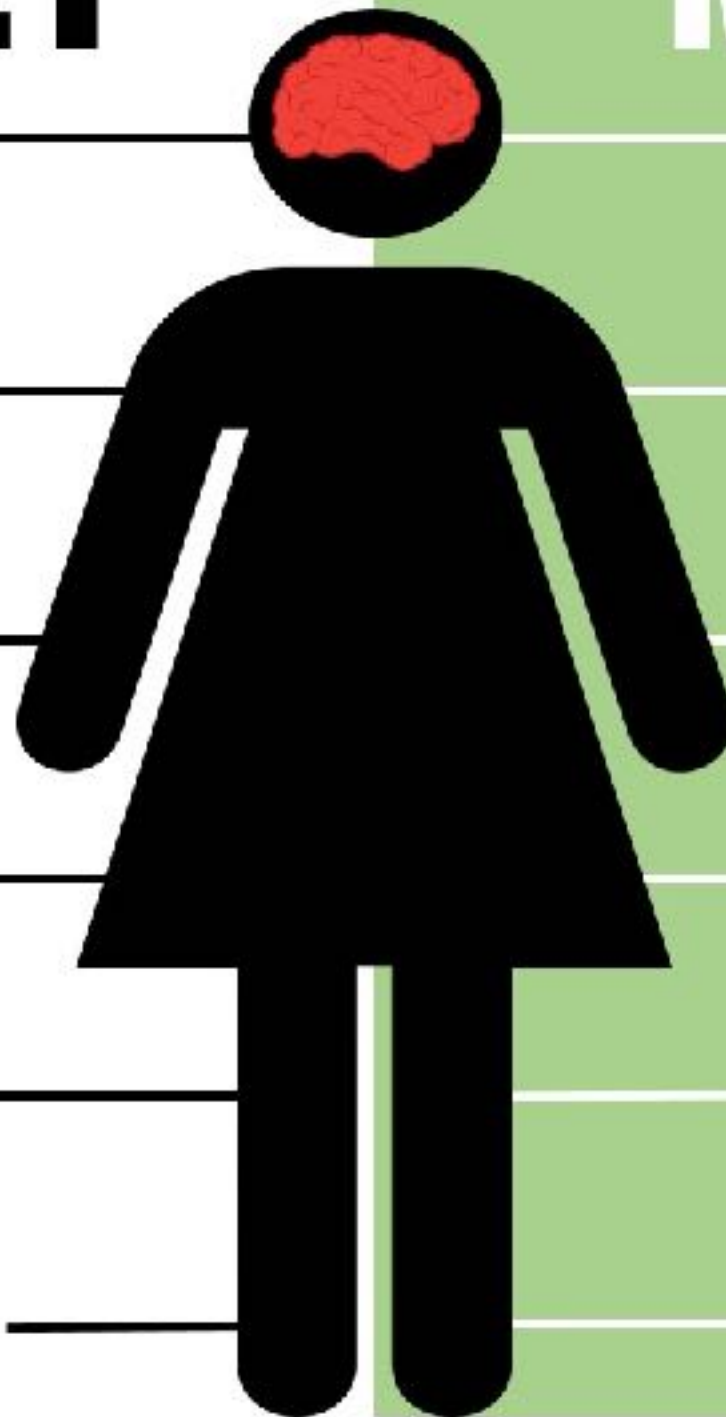
EFFORT LEADS TO SUCCESS

THREATENED BY  
SUCCESS OF OTHERS

INSPIRED BY SUCCESS  
OF OTHERS

"WHY SHOULD I BOTHER?"

"I WANT TO KEEP IMPROVING"











**COMFORT  
ZONE**

**SUCCESS**



## 2. WHAT ARE SOME IMPORTANT DEFINITIONS?







Diversity  
Equity  
Equality  
Inclusion  
Belonging



# Diversity



**Diversity is often defined as including or involving people from a range of various backgrounds, and can include different genders, races, ethnicities, sexual orientations, ages, social classes, physical ability, religions, political beliefs, marital status, and more.**

**“Diversity is being invited to the party.” (Verna Myers, Netflix)**





# Inclusion



**Inclusion is related to diversity but focuses on efforts and practices that teams or organizations implement to help people — who have different backgrounds — feel equally treated, accepted and welcomed.**

**“Inclusion is being asked to dance.” (Verna Myers, Netflix)**





# Belonging



**Belonging refers to a feeling that you are connected and can relate to others around you. Some experts argue that a workplace can have diversity and inclusion, but people may still not feel or believe they belong.**

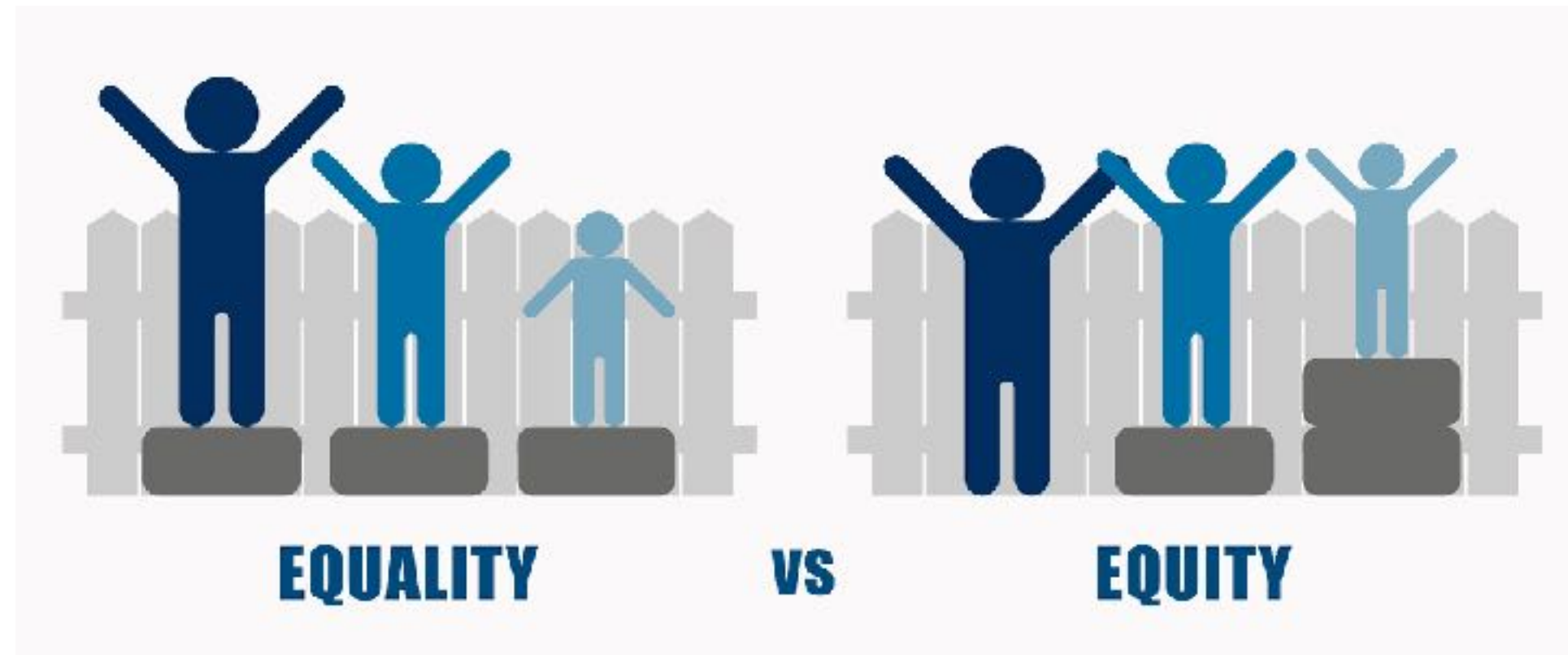
**Diversity is about representation, inclusion is about actions, and belonging is a feeling.**





# Equality

**Equality refers to treating everyone the same, but there is an underlying assumption that every person is starting from the same place, which is rarely the case. Equality aims to ensure that everyone gets the same things in order to enjoy full, healthy lives. It aims to promote fairness and justice, but it can only work if everyone starts from the same place and needs the same things.**





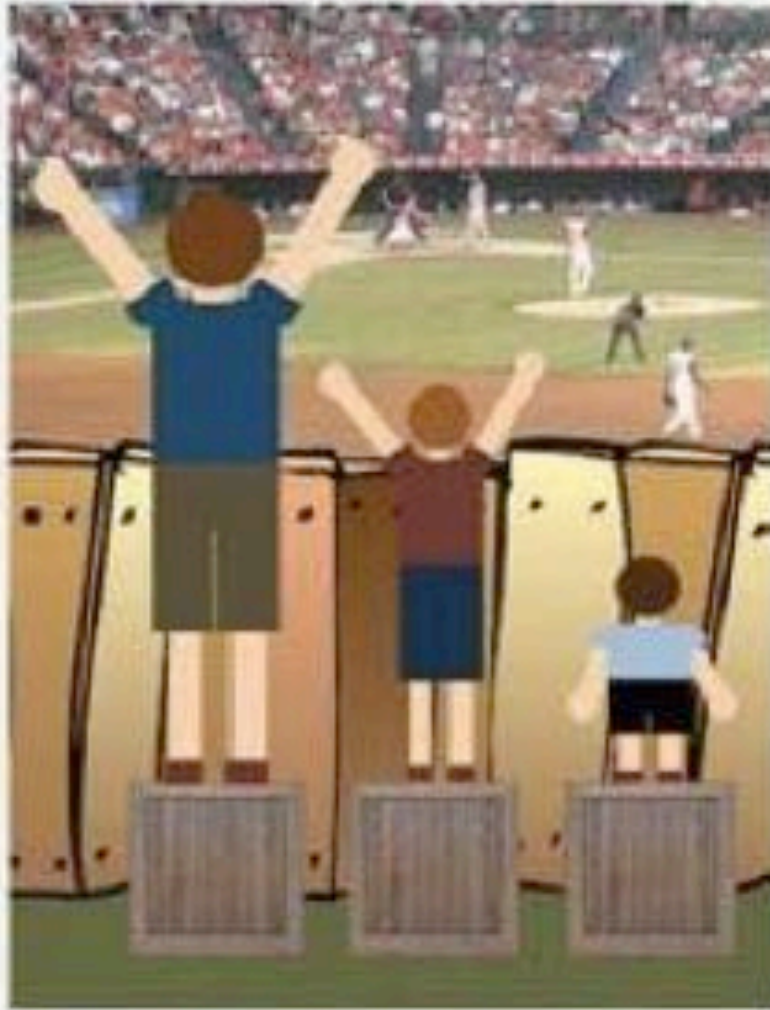
# Equity

**Equity refers more to fairness and justice and is often used when referring to systems. Equity is what happens when all members of a diverse population of employees have equal opportunities and support to succeed and grow. However, equity focuses more on giving individuals what they need and making sure everyone has access or opportunities, particularly those who have been historically underserved. It acknowledges that, because of practices and policies that have been normalized, we can thoughtfully work to close the opportunity gap for those who may need more assistance than others.**

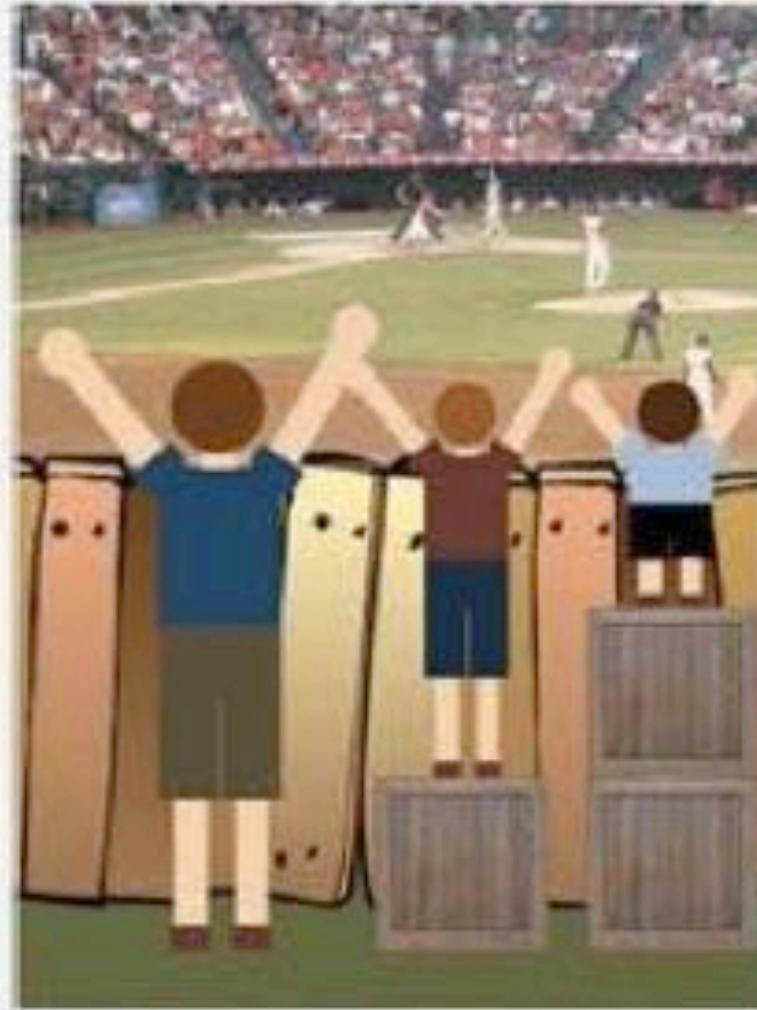




## EQUALITY VERSUS EQUITY



In the first image, it is assumed that everyone will benefit from the same supports. They are being treated equally.



In the second image, individuals are given different supports to make it possible for them to have equal access to the game. They are being treated equitably.



In the third image, all three can see the game without any supports or accommodations because the cause of the inequity was addressed. The systemic barrier has been removed.





### 3. WHAT IS AT THE CORE OF THESE CHALLENGES?



#### Unconscious

Occurring below the level of conscious thought; not intended, planned, or realized.



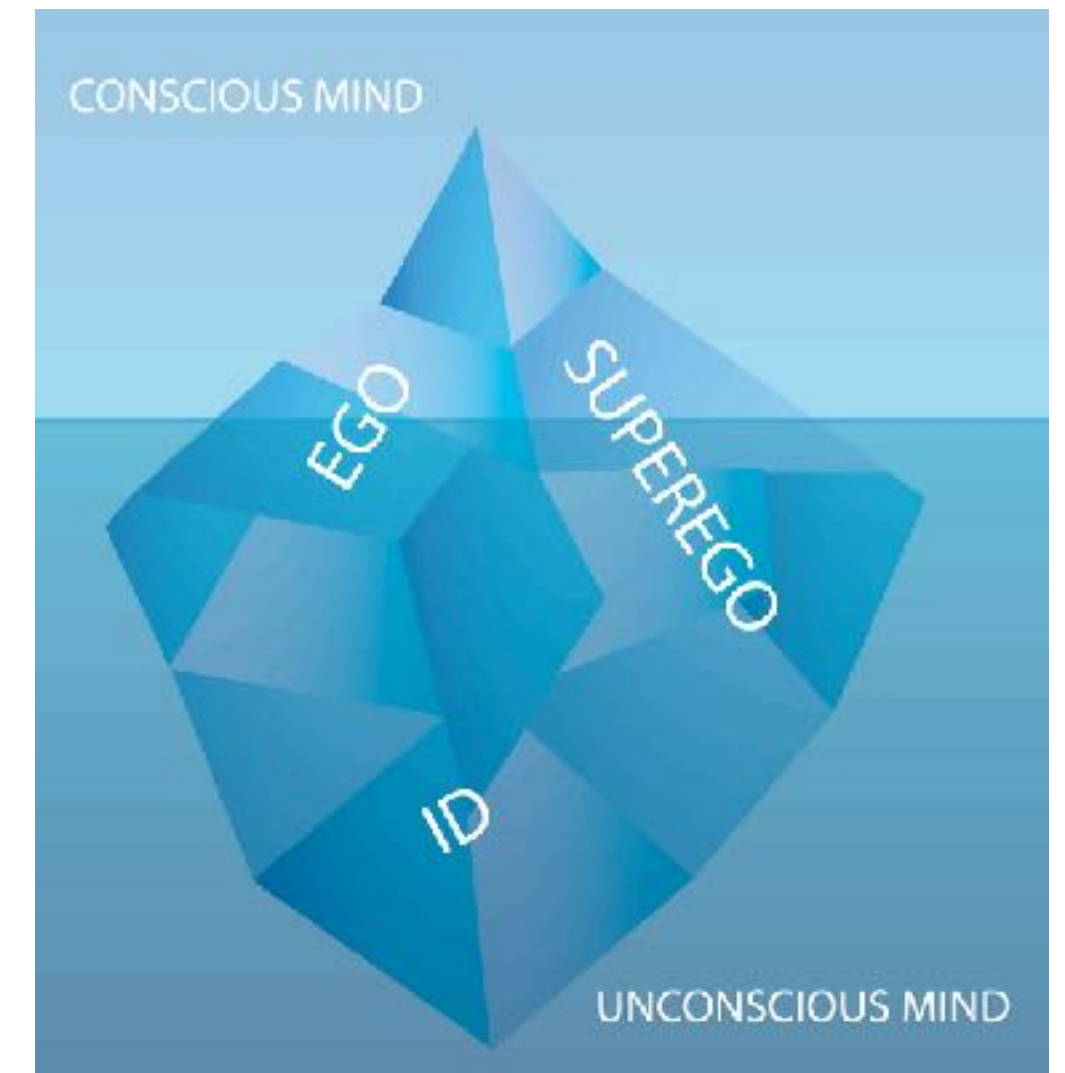
#### Bias

A tendency, preference, opinion, or inclination that results in judgement without question (prejudice, stereotyping).



#### Unconscious Bias

Mental connections or associations without awareness, intention, or control.



**Implicit Bias:** a generally understood, implied, unconscious, and typically unspoken prejudice.



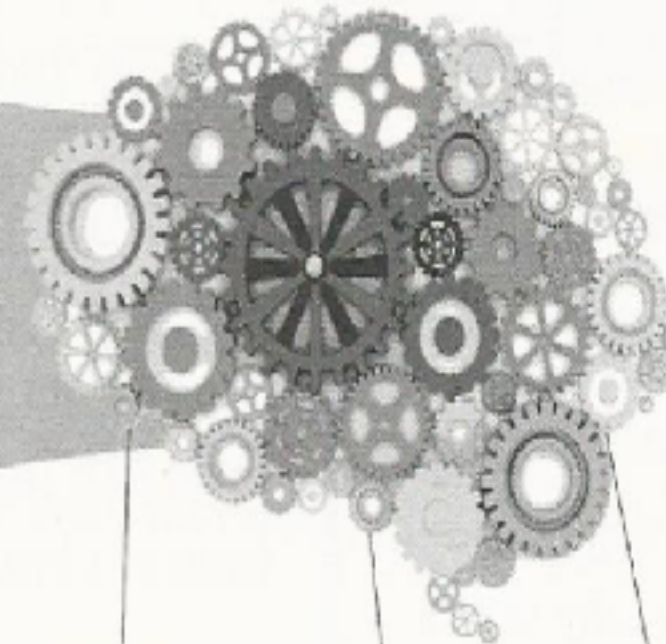
11 MILLION  
PIECES OF  
INFORMATION  
AT ANY  
ONE TIME

Perceptions

Interpretations

Preferences

Selective Attention



Intelligence,  
judgment, and  
behavior  
(frontal lobe)

Memory  
(temporal lobe)

Language  
(parietal lobe)

40-50 PIECES OF  
INFORMATION  
GET ABSORBED

**“Being comfortable  
with the  
uncomfortable” –  
comfort zone and  
growth**

**And we are only  
conscious of 5-7.**



We all have biases  
& assumptions!

1. Gender

2. Race

3. Age

4. Other





# Our political dialogue ignores nuance. Truth requires more than that

 [deseret.com/opinion/2021/1/14/22225685/political-dialogue-polarity-nuance-truth-labels-understanding](https://www.deseret.com/opinion/2021/1/14/22225685/political-dialogue-polarity-nuance-truth-labels-understanding)

Susan Madsen

January 14, 2021



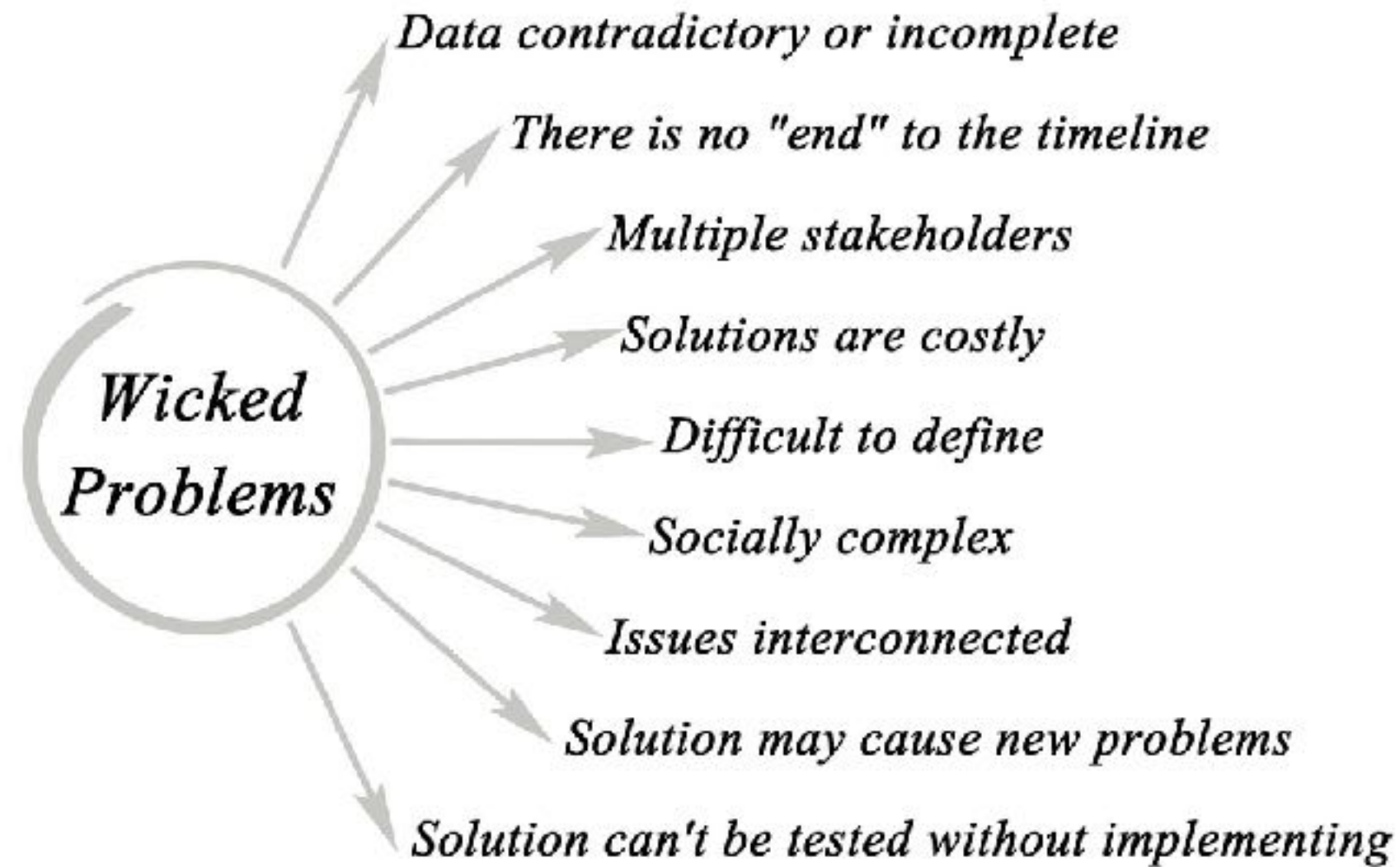


In 2009, Nigerian novelist Chimamanda Adichie gave her now well-known Ted Talk titled, “The Danger of a Single Story.” In it she warns of the harm that happens when we “show a people as one thing, as only one thing, over and over again.” This is how stereotypes emerge, giving a narrow and incomplete story about people, places and ideas, creating the illusion that we already know everything we need to about others.

- When we dismiss the harm of the gender wage gap by asserting that it doesn't matter if women make less because husbands are the breadwinners, that is a dangerous single story. That story makes all sorts of spurious assumptions, the two most obvious being all women are married, and all husbands make enough to support a household. And often our stories are only about white individuals and families as well.
- When we assume that families are composed of a father, mother and children, we ignore the many varied permutations of families.
- When we assume that wages are fair and correlate to merit, that ignores the many stories we know to be true about the history of the wage gap, gender and racial prejudice, and the uncomfortable truths about unconscious bias.
- When we say men are better suited to seek office and enter politics, we are ignoring thousands of counter stories that reveal the benefits that women bring to the table.



# Sexism & Racism – “Wicked” Problems



**“[S]ystemic in nature, complexly interrelated, and materialize at the interface between public–private and profit–nonprofit interests”; as a result, they cannot be handled with “old management or leadership mindsets, or with old organizational structures” (van Tulder, 2018: 34).**





# The Concept of Covering

Covering is a strategy through which an individual downplays a stigmatized identity<sup>1</sup>



**Appearance-based** covering concerns how individuals alter their self-presentation (grooming, attire, and mannerisms) to blend into the mainstream. *A man may color his hair because he does not want to be perceived as too old and unable to “keep up.”*



**Affiliation-based** covering concerns how individuals avoid behaviors widely associated with their identity, often to negate stereotypes about that identity. *A woman might avoid talking about being a mother because she does not want her colleagues to think she is less committed to work.*



**Advocacy-based** covering concerns how much individuals “stick up for” their group. *A veteran might refrain from challenging a joke about the military lest she be seen as overly strident.*



**Association-based** covering concerns how individuals avoid contact with other group members. *A gay person might refrain from bringing his same-sex partner to a work function so as not to be seen as “too gay.”*

Kenji Yoshino  
Chief Justice Earl Warren Professor of Constitutional Law  
NYU School of Law

Christie Smith  
Managing Principal  
Deloitte Leadership Center for Inclusion

**Deloitte.**  
**University**

The Leadership Center *for Inclusion*



# THE ICEBERG MODEL

Hiring  
Retention  
Promotion  
Leadership  
Development

This is now  
foundation for  
any entity.  
Don't be left  
behind!

IDENTITIES

COVERING

At the Core of  
“Belonging”





## 4. HOW DO WE CREATE COMMUNITY?

1. Shift into the growth mindset on these issues and find joy in the journey.
2. Increase your own self-understanding, identities, and covering.
3. Participate in high quality unconscious bias workshops.
4. Engage in difficult conversations around these topics—to learn; get comfortable with being uncomfortable.
5. Disregarding the “zero-sum mentality” (not either/or—make it “and”).
6. Support efforts and initiatives in your organization, the profession, and society to change the culture.
7. Restructure your organizations and address systemic bias to make changes with individuals, teams, and institutions.





# Learning, Growth, & Change



**This work is all about change:  
changing you, changing your  
companies, changing our  
communities.**

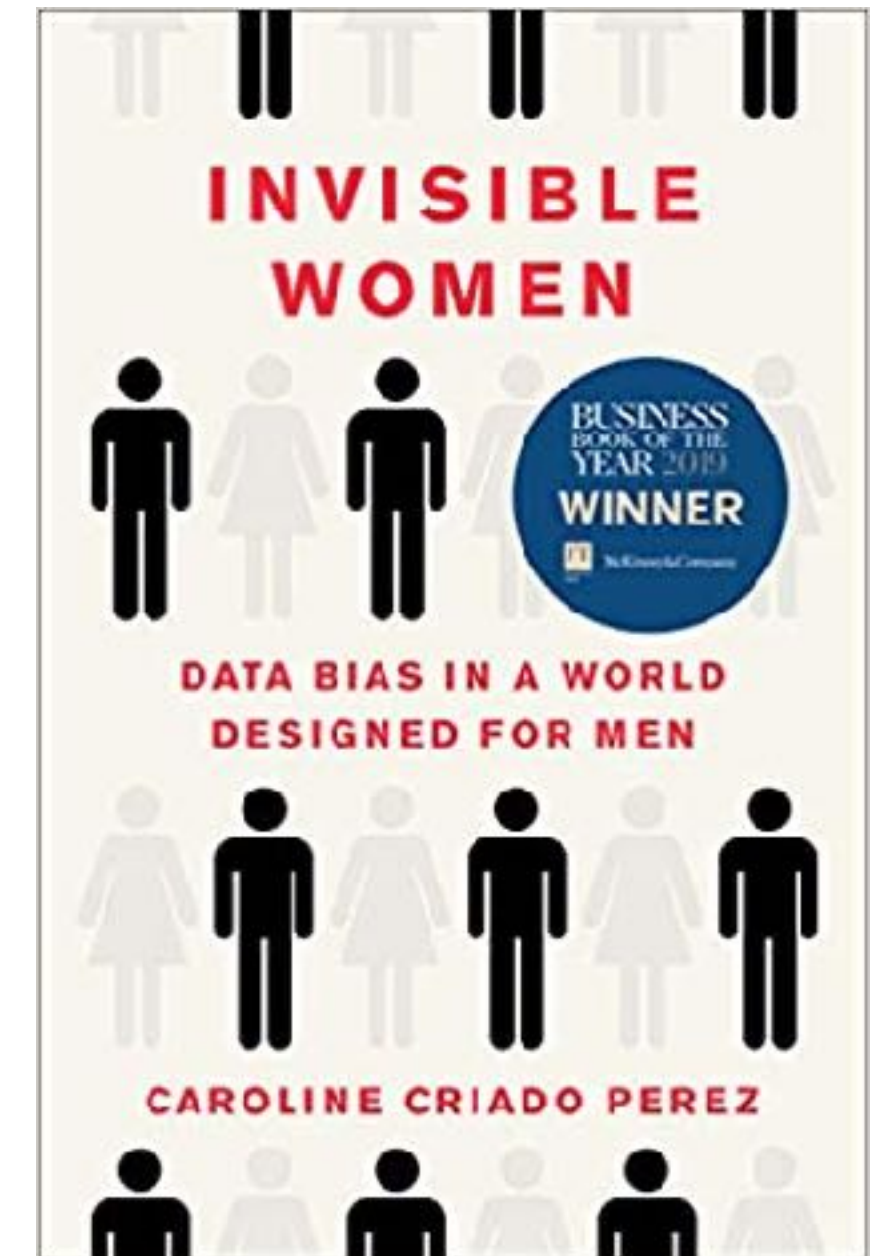
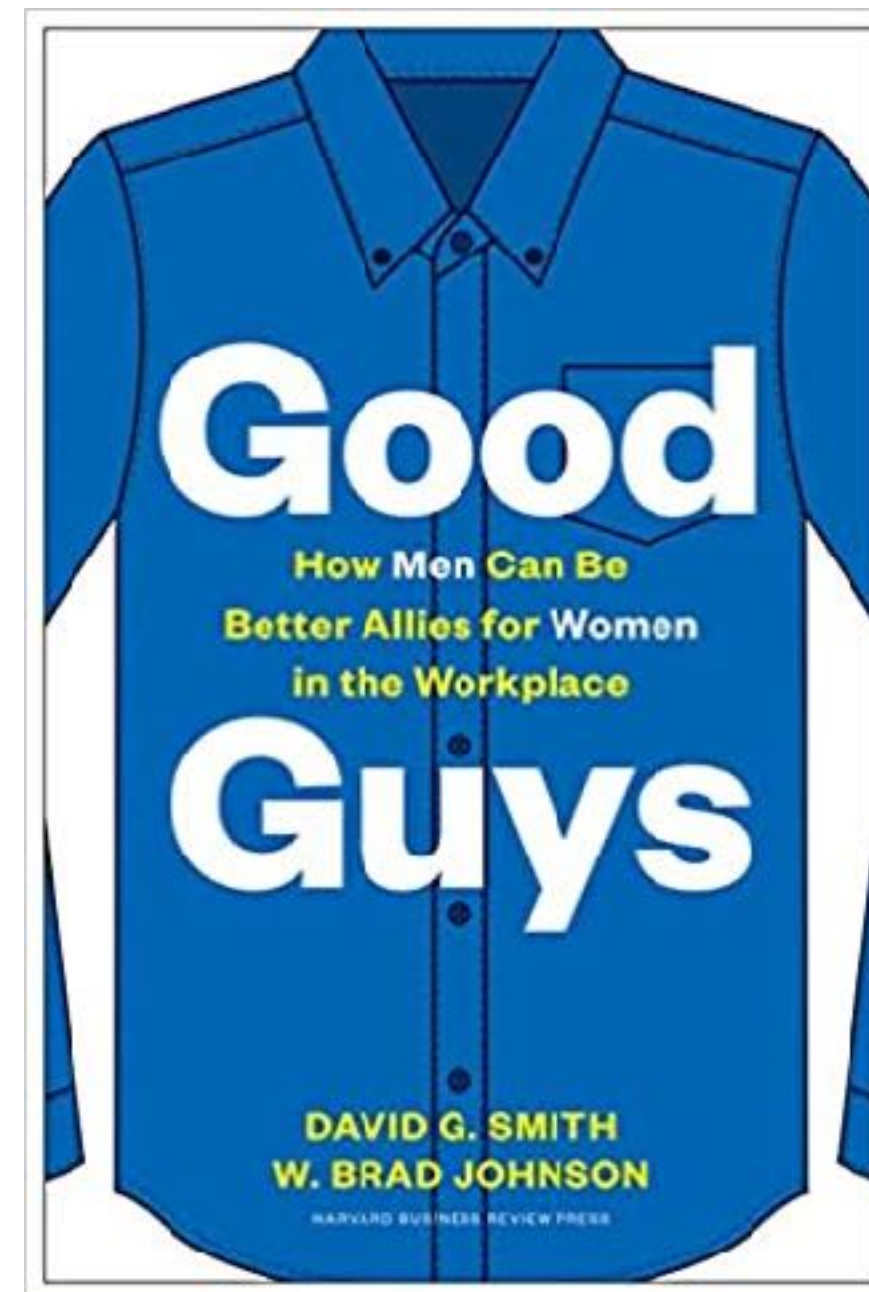
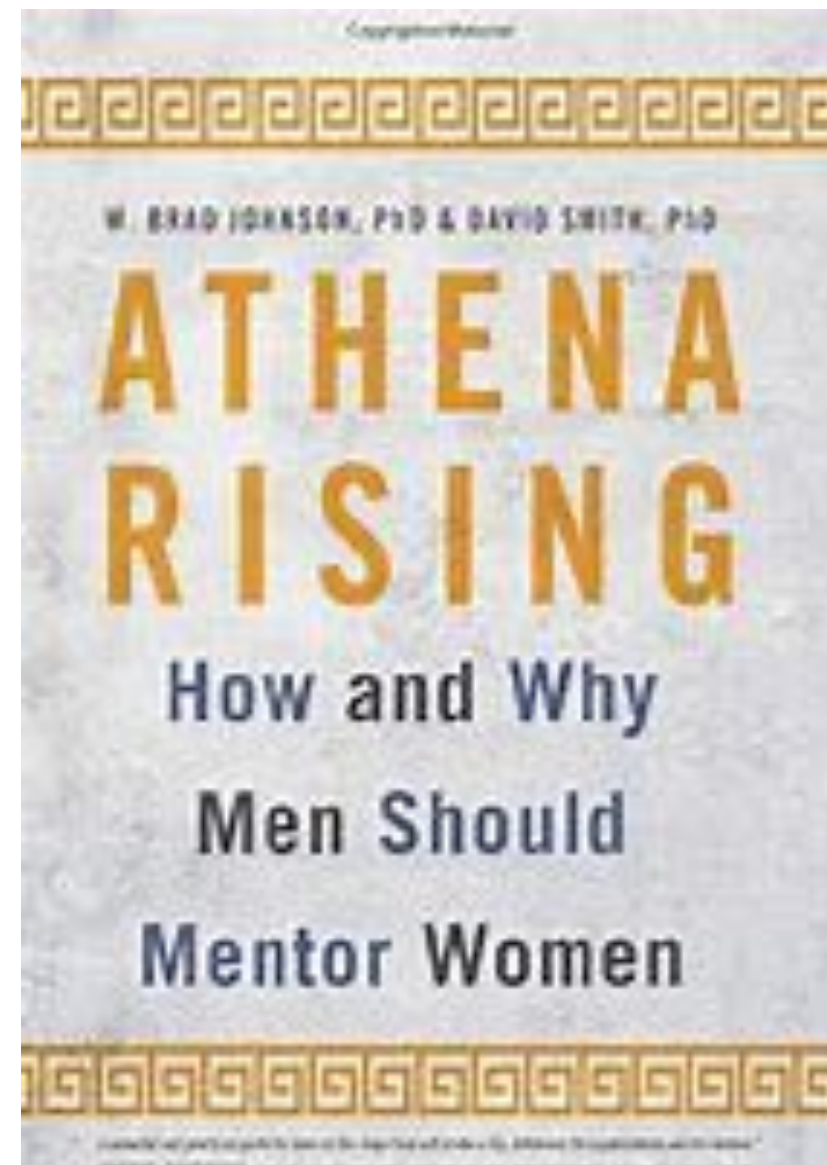
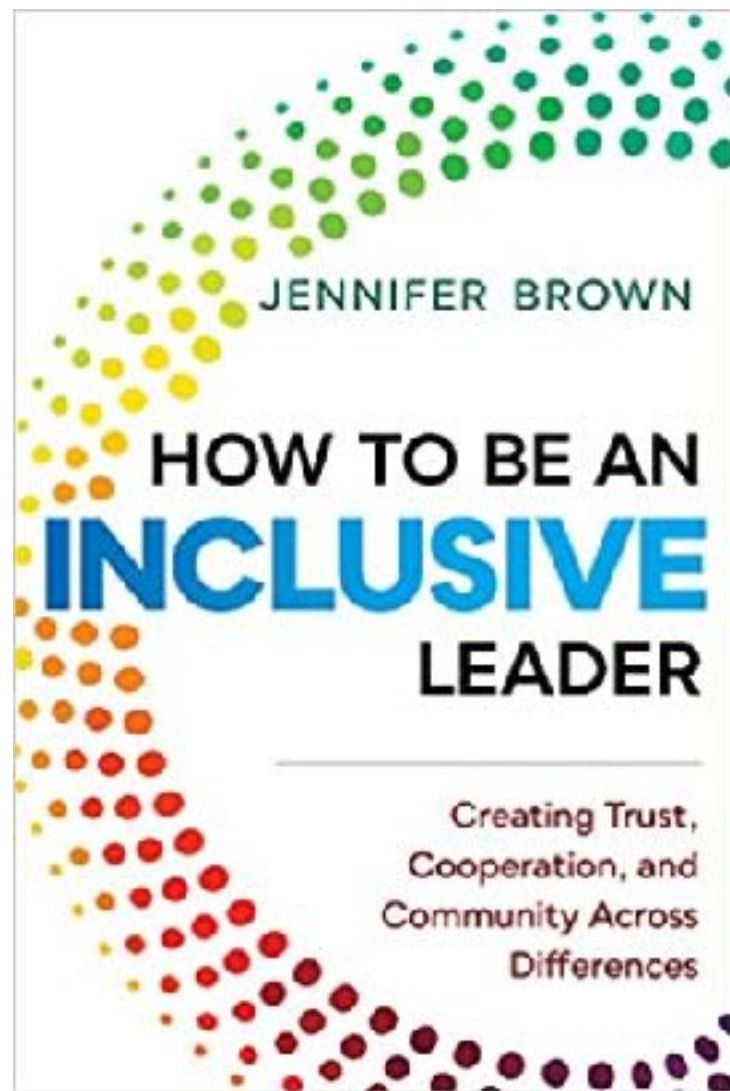


# Find joy in change and growth





## 5. FINAL THOUGHTS





*Becoming Better Planners,  
Organizations, and Communities*



**BETTER  
TOGETHER**

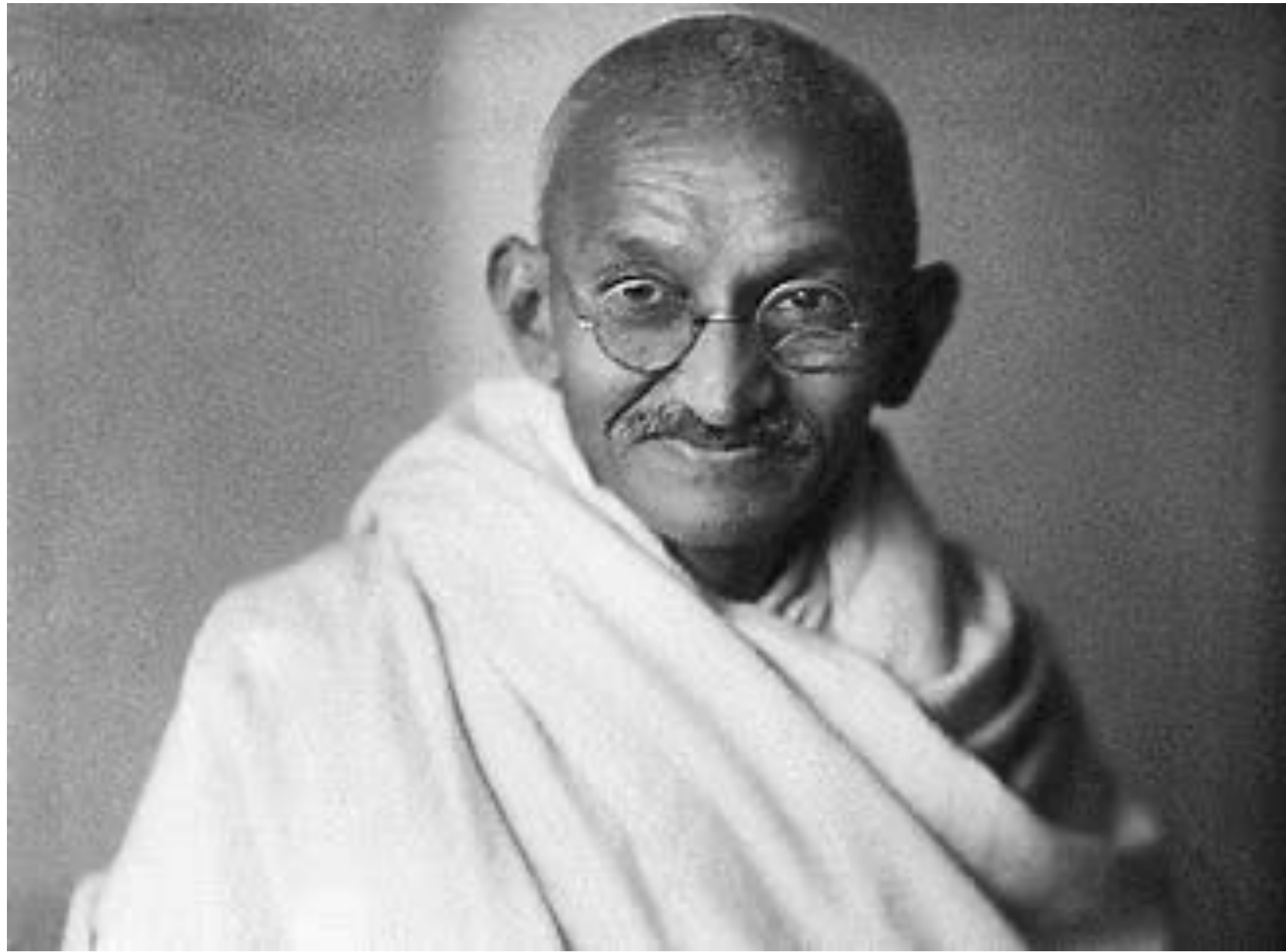












**“Silence becomes  
cowardice when  
occasion demands  
speaking out and  
acting accordingly.**

*~ Mahatma Gandhi*







**Never doubt that a  
small group of  
thoughtful,  
committed citizens  
can change the world.  
Indeed, it is the only  
thing that ever has.**  
*~ Margaret Mead*



# Contact Information

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